

beurer EM 50 Menstrual Relief

- ❓ Questions or Comments? Call our US-based customer service toll free at 1-800-536-0366.
- 🗣️ ¿Preguntas o comentarios? Llame a nuestro servicio al cliente en Estados Unidos gratis al teléfono 1-800-536-0366.
- 🗣️ Questions ou commentaires? Appelez gratuitement notre service clientèle situé aux États-Unis au 1-800-536-0366.

For Canada only / Solo para Canadá / Pour le Canada seulement:
 Manufacturer / Fabricante / Fabricant : Beurer GmbH, Söflinger Str. 218, 89077 Ulm, Germany
 Distributed by / Distribuido por / Distribué par :
 Beurer North America LP, 1 Oakwood Boulevard, Suite 255, Hollywood, FL 33020, USA www.beurer.com

ENGLISH

- Metal implants near the application site
- Cardiac arrhythmia
- Acute illness
- Epilepsy
- Malignant diseases
- Skin injuries or cuts
- Pregnancy
- Insulin Pump
- An increased tendency to bleed, e.g. after an acute injury or a fracture. The stimulation current can trigger or exacerbate bleeding.
- Recent operation when muscle contractions could impair the healing process
- A high frequency surgical device connected
- Low or high blood pressure
- High fever
- Psychosis
- Swollen or inflamed regions

- To avoid damage to health, we strongly advise NOT using this device in the following situations:
 - Serious illnesses, in particular if you suspect or have been diagnosed with high blood pressure, a blood coagulation disorder, propensity to thrombo-embolic conditions or recurrent malignant growths.
 - Any skin conditions.
 - Unexplained chronic pain in any part of the body.
 - Diabetes.
 - Any sensory impairment that reduces the feeling of pain (e.g. metabolic disorders).
 - Receiving medical treatment.
 - In the event of complaints linked to stimulation treatment.
 - Suffering from persistently irritated skin due to long-term stimulation at the same site.

- Do not use this device:
 - On the head, as it could cause seizures.
 - On the neck/carotid artery, as it could cause cardiac arrest.
 - On the pharynx or larynx, as it could cause muscle spasms leading to suffocation.
 - Near the upper chest, since it could increase the risk of ventricular fibrillation leading to cardiac arrest.
 - In the genital area.

- Do not use when asleep, when driving a vehicle or when operating machinery.
- Do not use the device after consuming alcohol.
- Do not use the device in cases of acute or chronic diseases of the gastrointestinal tract.
- Do not use when asleep, when driving a vehicle or when operating machinery.
- Do not use the device while undertaking any activity where an unexpected reaction (e.g. strong muscle contractions even at low intensity) could be dangerous.
- The actual temperature of the device may vary depending on the condition of your skin, your age, the location of the pain etc.
- If the heat function feels too hot, stop treatment immediately. You can continue the TENS treatment without the heat function.
- Wait at least one hour after eating before starting treatment with the device.
- Do not use the device on wet skin as this impairs the adhesion of the gel pads.
- Pre-treating the skin with greasy creams or lotions is not recommended.
- Do not use adhesive tapes, bandages or any medium other than the gel pads provided to adhere the device to your skin, as the uneven adhesion of the gel pads could lead to skin lesions.
- If in doubt, consult your doctor.

- **CAUTION – To reduce the risk of personal injury or product/property damage:**
 - Protect the device from strong impact.
 - Do not use the device if there are signs of damage or does not function properly. In such cases, contact Customer Services.
 - Do not expose the device to direct sunlight or high temperatures.
 - Protect the device from dust, dirt and humidity. Never immerse the device in water or other liquids.
 - Do not attempt to repair the device yourself. Contact customer service for all repairs.

- **IMPORTANT**
 The device can emit effective output values above 10 mA, averaged over every 5-second interval.

- **Isolation of applied parts Type BF**
 Galvanically isolated applied part (F stands for floating *), meets the requirements for leakage currents for type B.

- **WARNING – To reduce the risk of fire, electric shock, or serious personal injury:**
 - Only use this device for the purpose for which it was developed and in the manner specified. Any improper use can be hazardous.
 - Remove all jewelry or body piercings before using the device.
 - Do not use this device at the same time as other devices that emit electrical pulses, such as TENS devices.
 - The device is only for private use and is not intended for medical or commercial purposes.
 - The manufacturer assumes no liability for damages caused through improper or wrong use.
 - If you are in any doubt, do not use and contact customer service.
 - Only use the device with the accessory parts supplied.
 - For hygienic reasons, use the device only on one person.
 - In rare instances, skin irritation in the region of the electrodes may occur.
 - The device is only designed for use by healthy adults. Keep the device away from children.
 - Keep the device away from heat sources.
 - Never use the device near microwave ovens or microwave devices (e.g. cell phones) as they can affect operation.
 - Never use the device while you bathe or shower. Do not store or keep the device where it can fall into a bathtub or sink.
 - Check the device regularly for wear and damage. If you find such signs, discontinue use and contact customer service.
 - Switch off the device immediately if it malfunctions.
 - If the device does not work properly or if you feel unwell or experience pain, stop using it immediately.
 - Switch off the device before attaching or removing it.
 - Do not modify the device in any way (e.g. by cutting it), as this will produce a higher current density and may be dangerous.
 - During the initial few minutes, use the device while sitting or lying down, to minimize the risk of accidental injuries arising from rapid responses (feeling of faintness) that have been infrequently reported as a side effect. If you feel faint, switch off the device immediately, lie down and support the legs in an elevated position (approx. 5–10 minutes).
 - Do not use this device if you have any of the following:
 - Implanted electrical devices (e.g. pacemakers)

- **CAUTION**
 Indicates a potentially hazardous situation, which, if not avoided, could result in death or serious injury.

- **CAUTION**
 Indicates a potentially hazardous situation, which, if not avoided, may result in minor/moderate injury.

- **NOTICE**
 Addresses practices not related to personal injury, such as product and/or property damage.

- **IP 22**
 Device protected against foreign objects > 12.5 mm and against water dripping at an angle.

- **Storage**
 Permissible storage temperature and humidity

- **Operating**
 Permissible operating temperature and humidity

- **SN**
 Serial Number

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- **CAUTION**
 If you experience unpleasant electrical current spikes, shut the device off and reposition it.
- If you find that your menstrual flow becomes much heavier after treatments, discontinue use.

- **What is TENS and what can it do?**
 Transcutaneous Electrical Nerve Stimulation (TENS) involves electrical stimulation of nerves through the skin. TENS is an effective non-pharmacological method for treating different types of pain from a variety of causes and has no side effects when administered correctly. This method has been clinically tested and approved and can be used for simple self-treatment. The pain-relieving or pain-suppressing effect is achieved by inhibiting the transfer of pain to nerve fibers and increasing the secretion of endorphins in the body, as their effect on the central nervous system reduces the sensation of pain. This method is scientifically substantiated and approved as a form of medical treatment.

- **What symptoms treatable using TENS should be checked by your physician, who will then give you instructions on how to initiate a TENS self-treatment program.** TENS has been clinically tested and approved for use in cases of menstrual discomfort.

- **TENS devices pass electrical currents over the skin via gel pads, which are subject to natural wear and tear.** Replace gel pads when they no longer adhere to your skin properly. Failure to replace the pads may lead to skin irritation from increased current in particular areas.

- **3. Package Contents**
 Check that the exterior of the delivery cardboard packaging is intact and make sure that all components are present. Before use, ensure that the device and accessories show no visible damage and all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.

- **4. Parts and Controls**
 1. Menstrual Relief EM 50
 2. Self-adhesive gel pads
 1. USB-C cable
 1. Instruction manual

- **4. Intensity Up Button**
 2. Heat Level/Battery Level Indicator LED
 3. TENS LED
 4. Power Button
 5. Intensity Down Button
 6. Heating Pad
 7. Electrodes
 8. USB-C Port

- **Charging the Battery:**
 Before first use, and whenever the Low Battery Indicator LED flashes orange, the internal battery pack must be charged for at least two hours.

- **Attaching the Gel Pads:**
 WARNING: To avoid serious personal injury, use the device only around the abdomen. Do not use on head, neck, or chest area.
 1. Before each treatment session, ensure the skin underneath the device is clean and free of creams or oils.
 2. Lay the device down with the electrodes facing up. Take a gel pad, remove one of the protective films from the adhesive, and attach the exposed adhesive side of the gel pad to one of the electrodes. Remove the other protective film.
 3. Repeat step 2 for the other gel pad/electrode.

- **2. Introduction**
 Many women experience abdominal cramps and severe period pain before and during their period. Many women also suffer from illnesses that cause lower abdominal pain, which is often so strong that women seek immediate pain relief. The innovative Menstrual Relief is a self-adhesive TENS device with heat function to provide pain relief for menstrual discomfort and pain. The TENS technology used in the Menstrual Relief enables targeted pain relief treatment with 15 intensity levels and features a soothing heat function. Made with medical-quality silicone, the Menstrual Relief is slim, flexible, and adapts perfectly to treatment areas. The high-tech circuit provides energy-efficient 20-minute long treatments (up to six treatments per battery charge). The Menstrual Relief is a safe, easy, and innovative way to treat lower abdominal pain.

- **3. Care, Maintenance and Disposal**
 Clean the device with a slightly moistened cloth. In case of more extreme soiling you can also moisten the cloth with mild soapy water.
 • Never drop the device.
 • Prevent water from entering the device. If water reaches any internal parts, dry them completely before using again.
 • Do not use any harsh chemicals or abrasive cleaners.
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ESPAÑOL

CONSERVE ESTAS INSTRUCCIONES PARA PODER CONSULTARLAS EN EL FUTURO.

Si el manual de instrucciones está dañado o si ya no lo tiene, llame al servicio al cliente. En la garantía encontrará la información de contacto del servicio.

Estimado cliente:
 Gracias por elegir uno de nuestros productos. Nuestro nombre es sinónimo de productos de alta calidad, minuciosamente probados, que se utilizan en las áreas de calefacción, control de peso, presión arterial, temperatura corporal, pulso, terapia modular, masajes y belleza.

Registre su producto hoy para disfrutar de más beneficios:
 • mayor protección de su compra
 • consejos sobre salud y bienestar
 • información sobre nuevos productos
 • servicio al cliente continuo y de gran calidad.

Visite www.registrear.beurer.com o póngase en contacto con el servicio al cliente llamando al 1-800-536-0366. Lea atentamente estas instrucciones de uso y consérvelas para poder consultarlas en el futuro. Asegúrese de que estén disponibles para los demás usuarios y tenga en cuenta la información que contiene.

Saludos cordiales,
 Su equipo de Beurer

1. Notas importantes de seguridad

Signos y símbolos
 Siempre que se usen, estos signos identifican mensajes de seguridad y de daños materiales, indicando el nivel de gravedad del peligro.

LEA CON ATENCIÓN TODO ESTE MANUAL, LA SECCIÓN DE SEGURIDAD Y TODAS LAS INSTRUCCIONES Y ADVERTENCIAS ANTES DE USAR ESTE PRODUCTO. SIGA TODAS LAS INSTRUCCIONES Y ADVERTENCIAS DE SEGURIDAD PARA EVITAR SITUACIONES PELIGROSAS Y PARA USAR CORRECTAMENTE ESTE PRODUCTO.

Este es el símbolo de advertencia de seguridad. Indica una situación potencialmente peligrosa que, si no se evita, podría causar la muerte o una lesión grave.

Indica una situación potencialmente peligrosa que, si no se evita, podría causar una lesión leve o moderada.

Se refiere a prácticas que no están relacionadas con lesiones, como es el caso de daños al producto o daños materiales.

El dispositivo puede emitir valores efectivos de salida superiores a 10 mA, promediados a lo largo de cada intervalo de 5 segundos.

Aislamiento de las partes aplicadas tipo BF
 Parte aplicada con aislamiento galvánico ("F" significa flotante *), cumple los requisitos para corrientes de fuga para los productos de tipo B.

No use el dispositivo si tiene un marcapasos.

No lo utilice cerca del corazón.

Este dispositivo está protegido contra la penetración de objetos extraños con un tamaño mayor o igual a 12,5 mm de diámetro y contra la caída de gotas de agua con inclinación.

Fecha de caducidad

Consulte las instrucciones

Temperatura y humedad de almacenamiento permitidas

Temperatura y humedad de funcionamiento permitidas

Número de serie

ADVERTENCIA. Para reducir el riesgo de incendio, descarga eléctrica o lesiones personales graves:
 Este dispositivo debe usarse exclusivamente para el propósito para el que fue diseñado y en la forma especificada. Todo uso indebido puede ser peligroso.

• Si usa joyas o piercings, asegúrese de quitárselos antes de usar este dispositivo.
 • No utilice este dispositivo al mismo tiempo que otros dispositivos que emitan impulsos eléctricos, como los dispositivos TENS.
 • El dispositivo es solo para uso particular y no debe usarse con fines médicos ni comerciales.

• El fabricante no asume ninguna responsabilidad por daños ocasionados por el uso indebido o incorrecto.
 • Si tiene alguna duda, no lo utilice y póngase en contacto con el servicio al cliente.

• Use este dispositivo únicamente con los accesorios incluidos.
 • Por razones de higiene, use el dispositivo solamente en una persona.
 • En raras ocasiones, se puede producir irritación cutánea en la zona de contacto con los electrodos.

• Este dispositivo está diseñado para uso exclusivo en adultos sanos. Mantenga el dispositivo alejado de los niños.
 • Mantenga el dispositivo alejado de fuentes de calor.
 • Nunca use el dispositivo cerca de hornos de microondas o dispositivos de microondas (p. ej., teléfonos celulares), ya que estos pueden alterar su funcionamiento.

• Nunca use el dispositivo mientras se baña en la regadera o en una tina. No guarde el dispositivo donde pueda caerse en una tina o fregadero.
 • Revise el dispositivo para ver si presenta signos de desgaste o daños. En caso de observarlos, interrumpa su uso y llame al servicio al cliente.

• Apague el dispositivo de inmediato si funciona mal.
 • Si el dispositivo no funciona correctamente, o si se siente mal o siente dolor, deje de utilizar el dispositivo de inmediato.
 • Apague el dispositivo antes de colocarlo y retirarlo.

• No modifique el dispositivo de ninguna manera (p. ej., cortándolo), ya que esto incrementa la densidad de la corriente y puede ser peligroso.
 • Durante los primeros minutos, utilice el dispositivo sentado o recostado para minimizar el riesgo de lesiones accidentales ocasionadas por las respuestas del nervio vago (sensación de mareo), que se han notificado con poca frecuencia como efecto secundario. Si se marea, apague el dispositivo de inmediato y recuéstese con las piernas en posición elevada (entre 5 y 10 minutos, aproximadamente).

• No utilice este dispositivo si tiene algo de lo siguiente:

- Dispositivos eléctricos implantados (p. ej., marcapasos).
- Implantes metálicos cerca de la zona de uso.
- Anemia cardíaca.
- Enfermedades graves.
- Epilepsia.
- Neoplasias malignas.
- Heridas o cortes en la piel.
- Embarazo.
- Uso de una bomba de insulina.
- Tendencia excesiva a sufrir hemorragias, como las causadas por heridas o fracturas graves. La corriente de estimulación puede desecarar o agravar la hemorragia.
- Una operación reciente, en la que las contracciones musculares puedan afectar el proceso de recuperación.
- Conexión a un dispositivo quirúrgico de alta frecuencia.
- Presión arterial baja o alta.
- Fiebre alta.
- Psicosis.
- Zonas hinchadas o inflamadas.

- No evite daños a la salud, le recomendamos ampliamente que NO utilice este dispositivo en las siguientes situaciones:

- Enfermedades graves, en particular si sospecha o se le ha diagnosticado hipertensión arterial, un trastorno de coagulación sanguínea, propensión a enfermedades tromboembólicas o tumores malignos recurrentes.
- Cualquier afección de la piel.
- Dolor crónico de origen desconocido en cualquier parte del cuerpo.
- Diabetes.
- Cualquier insuficiencia sensorial que reduzca la sensación del dolor (por ejemplo: trastornos metabólicos).
- Está bajo tratamiento médico.
- En caso de afecciones relacionadas con el tratamiento de estimulación.
- Sufre de irritación cutánea persistente debido a la estimulación con electrodos durante un periodo prolongado en el mismo lugar.

- NO use este dispositivo:
 - En la cabeza, ya que puede provocar convulsiones.
 - En el cuello o la arteria carótida, ya que puede provocar un paro cardioparatorario.
 - En la laringe o faringe, ya que puede provocar espasmos musculares y causar asfixia.
 - Cerca de la parte superior del tórax, ya que puede incrementar el riesgo de fibrilación ventricular y producir un paro cardíaco.
 - En la zona genital.

- No utilice el dispositivo mientras duerme, maneja u opera maquinaria.
- No utilice el dispositivo después de haber consumido alcohol.
- No utilice el dispositivo si sufre enfermedades graves o crónicas del tubo digestivo.

- No utilice el dispositivo mientras realiza una actividad en la que una reacción inesperada pudiera causar lesiones (p. ej., conducir).
- La temperatura real del dispositivo puede variar según el estado de la piel, la edad, la región donde se localice el dolor, etc.
- Si nota demasiado calor al usar la función de calor, interrumpa inmediatamente el tratamiento. Puede continuar con el tratamiento TENS sin la función de calor.

7. Guide de dépannage

Problème	Cause possible	Solution
L'appareil ne s'allume pas lorsqu'on appuie sur le bouton MARCHÉ/ARRÊT.	La pile est peut-être à plat.	Chargez les piles. Si l'appareil ne fonctionne toujours pas, joignez le service clientèle.
Les tampons de gel n'adhèrent pas à la peau.	Nettoyez la surface des tampons de gel avec un chiffon humide non pelucheux. Les tampons de gel peuvent être sales ou usés. La peau de la zone de traitement peut être rugueuse ou insuffisamment propre.	Nettoyez la surface des tampons de gel avec un chiffon humide non pelucheux. Si l'adhérence ne s'améliore pas, remplacez les tampons de gel. Nettoyez la peau avant le traitement. N'utilisez pas de lotions ou d'huiles. Rasiez la zone si nécessaire.
La stimulation dans la zone de traitement ne se fait pas ressentir.	Les tampons de gel peuvent être sales ou usés. La pile est peut-être à plat.	Nettoyez les tampons comme décrit ci-dessus. Rechargez la pile
Sensation désagréable ressentie sous les coussinets de gel.	Les tampons sont usés et ne peuvent pas répartir le courant uniformément.	Remplacez les tampons de gel.
La peau de la zone traitée rougit.	Les rougeurs peuvent être causées par une augmentation du débit sanguin dans la zone de traitement causée par le dispositif; ceci est normal.	Les rougeurs doivent disparaître quelques minutes après le traitement. Si la rougeur persiste, ou si vous ressentez des démangeaisons ou une inflammation, faites appel à votre médecin.
Le Menstrual Relief devient trop chaud.	Durée de traitement trop longue.	Appuyez sur le bouton ON/OFF pour mettre fin à la chaleur et poursuivez uniquement le traitement TENS.

8. Caractéristiques techniques

Modèle	Menstrual Relief EM 50
Type	FT810-B
Forme d'onde de sortie	Impulsion rectangulaire biphasique
Durée des impulsions	100 µs
Fréquence des impulsions	100 Hz
Tension de sortie	Maximum de 110 V _{pp} +/- 10 % (à 1000 Ω)
Production de chaleur	43 °C (109 °F)
Courant de sortie	Maximum de 110 mA _{pp} +/- 10 % (à 1000 Ω)
Tension d'alimentation	Batterie au lithium polymère 320 mAh
Durée de traitement	20 minutes avant l'arrêt automatique
Niveaux d'intensité 15	
Conditions d'utilisation	41 à 104 °F (5 à 40 °C) 15 à 90 % d'humidité relative
Conditions de stockage	32 à 104 °F (0 à 40 °C) à 0 à 90 % d'humidité relative
Dimensions	95 x 193 x 15 mm (3,7 x 7,6 x 0,6 pouces)
Poids	47 g (1,6 oz)

9. Renseignements relatifs à la conformité FCC

MENSTRUAL RELIEF EM 50	<i>Sous réserve d'erreur et de modification</i>
Entité responsable – Coordonnées aux États-Unis	
Beurer North America LP 1 Oakwood Boulevard, Suite 255 Hollywood, FL 33020 États-Unis 1-800-536-0366 info@beurer.com	

Déclaration de conformité FCC

Cet appareil est conforme à la partie 15 du règlement de la FCC. Le fonctionnement est soumis aux deux conditions suivantes : (1) cet appareil ne doit pas causer d'interférences nuisibles et (2) il doit accepter toute interférence reçue; y compris les interférences qui peuvent provoquer un fonctionnement indésirable.

Les changements ou modifications qui ne sont pas expressément approuvés par l'entité responsable de la conformité pourraient annuler l'autorité de l'utilisateur à se servir de l'appareil.

REMARQUE : Ce produit a été testé et déclaré conforme aux limites imposées aux appareils numériques de classe B, en vertu de la partie 15 du règlement de la FCC. Ces limites sont conçues pour fournir une protection suffisante contre les interférences nuisibles dans une installation résidentielle. Ce produit génère, utilise et peut émettre des radiofréquences et, s'il n'est pas installé et utilisé conformément aux instructions, il peut causer des interférences nuisibles aux communications radio. Cependant, nous ne pouvons garantir que des interférences ne se produiront pas dans une installation particulière. Si le produit cause des interférences nuisibles à la réception des signaux de radio ou de télévision, ce que vous pouvez vérifier en mettant le produit sous et hors tension, nous vous recommandons d'essayer de corriger les interférences par l'une des mesures suivantes : Réorientez ou déplacez l'antenne de réception; Éloignez davantage le produit du récepteur; Branchez le produit à une prise sur un circuit différent de celui sur lequel le récepteur est branché; Consultez le vendeur ou un technicien radio/TV expérimenté pour obtenir de l'aide.

Garantie
Votre appareil Menstrual Relief Beurer, modèle EM 50, est garanti contre tout défaut de pièces et de main-d'œuvre pendant toute la durée de vie du produit dans des conditions d'utilisation et de service normales et prévues. La présente garantie couvre uniquement l'acheteur d'origine et ne s'étend pas aux détaillants ou propriétaires ultérieurs.

Nous nous engageons, à notre seule discrétion, à réparer ou à remplacer l'appareil Menstrual Relief Beurer, modèle EM 50, sans frais supplémentaires, pour toute pièce couverte par les présentes garanties écrites. Aucun remboursement ne sera accordé. La réparation ou le remplacement constituent notre seule responsabilité et votre seul recours au titre de la présente garantie écrite. S'il n'est pas possible d'obtenir des pièces de rechange pour des pièces défectueuses, Beurer se réserve le droit de fournir un produit de substitution à la place de la réparation ou du remplacement.

Pour tout service lié à la garantie, faites appel au service clientèle au 1-800-536-0366 ou à l'adresse info@beurer.com, afin de nous fournir

une description du problème. Si le problème est considéré comme étant couvert par la garantie à vie limitée, vous devez envoyer le produit par courrier postal, à vos frais, dans son emballage d'origine avec la preuve d'achat, votre nom, votre adresse et votre numéro de téléphone. Si le problème n'est pas reconnu comme étant couvert par la garantie à vie limitée, nous vous ferons parvenir un devis pour la réparation ou le remplacement et les frais de retour.

La présente garantie ne couvre pas les dommages causés par une mauvaise utilisation ou une utilisation abusive; un accident; le raccordement d'accessoires non autorisés; la modification du produit; une installation inappropriée; une application inadéquée; un entretien insuffisant du produit; des réparations ou des modifications non autorisées; une utilisation inappropriée de l'alimentation électrique; des piles usées; l'usure normale; la perte d'alimentation; la chute du produit; le dysfonctionnement ou le dommage d'une pièce résultant de la non-observation du mode d'emploi ou de la non-exécution de l'entretien recommandé par le fabricant; les dommages subis lors d'un transport; le vol; la négligence; le vandalisme; les conditions environnementales; la perte d'utilisation pendant la réparation du produit ou l'attente de pièces ou d'une réparation; ou toute autre condition n'étant pas sous le contrôle de Beurer. La présente garantie est nulle si le produit est utilisé dans un environnement commercial ou professionnel. Dans le cadre de la présente garantie, la responsabilité maximale de Beurer est limitée au prix d'achat payé par le client pour le produit couvert par la garantie, tel que confirmé par la preuve d'achat, quel que soit le montant de tout autre dommage direct ou indirect subi par le client.

La présente garantie n'est valable que si le produit est acheté et utilisé dans le pays où le produit a été acheté. Un produit qui nécessite des modifications ou une adaptation lui permettant de fonctionner dans un autre pays que celui pour lequel il a été conçu, fabriqué, approuvé ou autorisé, ou la réparation de produits endommagés par lesdites modifications n'est pas couvert par la présente garantie.

LA GARANTIE FOURNIE PAR LE PRÉSENT DOCUMENT CONSTITUE LA SEULE ET UNIQUE GARANTIE. TOUTES LES GARANTIES, OBLIGATIONS OU RESPONSABILITÉS IMPLICITES, NOTAMMENT, MAIS SANS RESTRICTION, LES GARANTIES IMPLICITES DE QUALITÉ MARCHANDE ET D'ADEQUATION À UN USAGE PARTICULIER, SONT LIMITÉES À LA DURÉE DE CETTE GARANTIE ÉCRITE. Certains états ne permettent pas des restrictions sur la durée d'échéance d'une garantie implicite, auquel cas les restrictions indiquées ci-dessus peuvent ne pas s'appliquer à votre cas.

BEURER NE PEUT EN AUCUN CAS ÊTRE TENU RESPONSABLE DES DOMMAGES PARTICULIERS, ACCESSOIRES, INDIRECTS, OU CONSÉCUTIFS LIÉS AU NON-RESPECT DE LA PRÉSENTE GARANTIE OU DE TOUTE AUTRE GARANTIE, EXPRESSE, IMPLICITE OU DE TOUTE AUTRE THÉORIE DE RESPONSABILITÉ, QUELLE QU'ELLE SOIT. Certains États n'autorisent pas l'exclusion ou la limitation de dommages particuliers, accessoires ou consécutifs, auquel cas la limitation indiquée ci-dessus peut ne pas s'appliquer à votre cas.

Beurer n'autorise personne, notamment, sans s'y limiter, les détaillants, l'acheteur consommateur subséquent du produit, à contraindre Beurer en aucune manière au-delà des conditions définies dans la présente garantie.

La présente garantie ne s'étend pas à l'achat de produits ouverts, utilisés, réparés, reconditionnés ou rescellés, notamment, sans s'y limiter, à la vente desdits produits sur des sites Internet d'enchéères ou de produits par des revendeurs de surplus ou en gros. Toutes les garanties prennent immédiatement fin pour tous les produits ou toutes les pièces qui sont réparés, remplacés, altérés, ou modifiés, sans le consentement écrit explicite préalable de Beurer.

La présente garantie vous confère des droits juridiques spécifiques et vous pouvez également disposer de droits supplémentaires qui varient d'un État à l'autre. Pour obtenir plus d'information sur notre gamme de produits aux États-Unis, visitez le site : www.beurer.com

Distribué par :
Beurer North America LP
1 Oakwood Boulevard, Suite 255
Hollywood, FL 33020
États-Unis
www.beurer.com

Des questions ou commentaires ? Appelez gratuitement notre service clientèle situé aux États-Unis au 1-800-536-0366.

Assemblé en Chine

7. Guía para la resolución de problemas

Problema	Causa posible	Solución
El dispositivo no se enciende al presionar el botón de encendido/apagado.	Es posible que la batería esté agotada.	Cargue la batería Si el dispositivo sigue sin funcionar, comuníquese con el servicio al cliente.
Las almohadillas de gel no se adhieren a la piel.	Es posible que las almohadillas de gel estén sucias o desgastadas. Es posible que la piel de la zona de tratamiento esté áspera o no esté lo suficientemente limpia.	Limpie la superficie de las almohadillas de gel con un paño húmedo sin pelusa. Si la adherencia no mejora, reemplace las almohadillas de gel. Limpie la piel antes del tratamiento. No utilice lociones ni aceites. Si es necesario, rasure la zona.
No se siente la estimulación en el área de tratamiento.	Es posible que las almohadillas de gel estén sucias o desgastadas. Es posible que la batería esté agotada.	Limpie las almohadillas como se ha descrito previamente. Cargue la batería.
Se percibe una sensación desagradable bajo las almohadillas de gel.	Las almohadillas están desgastadas y no distribuyen la corriente de manera uniforme.	Cambie las almohadillas de gel.
La piel de la zona de tratamiento se vuelve roja.	El enrojecimiento puede estar causado por un aumento del flujo sanguíneo en la zona de tratamiento provocado por el dispositivo, lo cual es normal.	El enrojecimiento debería desaparecer unos minutos después del tratamiento. Si el enrojecimiento persiste, o si experimenta picor o inflamación, consulte a su médico.
El Menstrual Relief se calienta demasiado.	La duración del tratamiento es demasiado larga.	Presione el botón de encendido/apagado para apagar la función de calor y continúe solamente con el tratamiento con TENS.

8. Especificaciones técnicas

Modelo	Menstrual Relief EM 50
Tipo	FT610-B
Forma de ondas de salida	Pulso rectangular bífásico
Longitud del pulso	100 µs
Frecuencia de los impulsos	100 Hz
Voltaje de salida	Potencia de transmisión máx. 110 V _{pp} +/- 10 % (a 1000 Ω)
Emisión de calor	109 °F (43 °C)
Corriente de salida	Potencia de transmisión máx. 110 mA _{pp} +/- 10 % (a 1000 Ω)
Voltaje de la fuente de alimentación	Batería de polímero de litio de 320 mAh
Duración de tratamiento	20 minutos hasta el apagado automático
Niveles de intensidad 15	
Condiciones de operación	5-40 °C (41-104 °F) con una humedad relativa de 15-90 %
Condiciones de almacenamiento	0-40 °C (32-104 °F) con una humedad relativa de 0-90 %
Dimensiones	95 x 193 x 15 mm (3.7 x 7.6 x 0.6 pulgadas)
Peso	47 g (1,6 oz)

9. Información de conformidad con la FCC

Menstrual Relief EM 50	
Parte responsable – Información de contacto en Estados Unidos	
Beurer North America LP 1 Oakwood Boulevard, Suite 255 Hollywood, FL 33020 Estados Unidos 1-800-536-0366 info@beurer.com	

Declaración de conformidad de la FCC

Este dispositivo cumple con la parte 15 de las Reglas de la FCC. Su funcionamiento está sujeto a las dos siguientes condiciones: (1) este dispositivo no podrá causar interferencia dañina, y (2) este dispositivo debe aceptar cualquier interferencia recibida incluida una interferencia que podría provocar un funcionamiento no deseado.

Los cambios o modificaciones que la parte responsable del cumplimiento no apruebe expresamente podrían anular la autoridad del usuario para operar el equipo.

NOTA Este equipo ha sido probado y se determinó que cumple con los límites para los dispositivos digitales Clase B, de acuerdo con la parte 15 de las reglas de la FCC. Estos límites sirven para proporcionar protección razonable contra la interferencia dañina en instalaciones residenciales. Este equipo genera, usa y puede emitir energía de radiofrecuencia y, si no se instala o se usa de acuerdo con las instrucciones, puede causar interferencia dañina a las comunicaciones de radio. Sin embargo, no hay garantía de que no se producirán interferencias en una instalación en particular. Si este equipo efectivamente causa interferencias dañinas a la recepción de radio o televisión, lo cual puede determinarse al apagar y encender el equipo, se recomienda al usuario que intente corregir las interferencias mediante las siguientes medidas: Reorientar o cambiar de lugar la antena receptora. Aumentar la distancia entre el equipo y el receptor. Conectar el equipo a una toma o circuito diferente al que está conectado el receptor. Consultar al distribuidor o a un técnico con experiencia en radio y televisión, en caso de necesitar ayuda. Garantía Se garantiza que su Beurer Menstrual Relief, modelo EM 50, está libre de defectos en los materiales y la mano de obra durante la vida útil del producto en las condiciones normales de uso y servicio indicadas. Esta garantía se aplica solamente al comprador original y no se extiende a vendedores minoristas o propietarios subssecuentes.

A nuestra discreción, repararemos o reemplazaremos sin cargo adicional cualquier parte o partes del Beurer Menstrual Relief, modelo EM 50, cubiertas por esta garantía escrita. No se harán reembolsos. La reparación o reemplazo es nuestra única responsabilidad y el único recurso con que usted cuenta según esta garantía escrita. Si no hay piezas de repuesto disponibles para los materiales defectuosos, Beurer se reserva el derecho de hacer sustituciones del producto en lugar de la reparación o reemplazo.

Para obtener el servicio de garantía, llame a nuestro departamento de servicio al cliente al teléfono 1-800-536-0366 o escriba a info@beurer.com para proporcionar una descripción del problema. Si se considera que el problema está dentro del alcance de la garantía limitada de por vida, se le pedirá que envíe el producto a su cargo, en su empaque original con el comprobante de compra, su nombre, domicilio y número telefónico. Si se considera que el problema no está cubierto por la garantía limitada de por vida, le enviaremos una cotización para la reparación o reemplazo, así como del costo del transporte.

Esta garantía no cubre daños causados por mal uso o abuso; accidente; conexión de accesorios no autorizados; alteración del producto; instalación incorrecta; aplicación errónea; falta de cuidado razonable con respecto al producto; reparaciones o modificaciones no autorizadas; uso indebido de alimentación o energía eléctrica; baterías usadas desgastadas; desgaste normal; falta de potencia; producto dejado caer; mal funcionamiento o daño de una parte operativa o no cumplir con las instrucciones de uso o no proporcionar el mantenimiento recomendado por el fabricante; daño en el transporte; robo; negligencia; vandalismo; condiciones ambientales; pérdida del uso durante el período en que el producto está en una instalación de reparación o en espera de partes o reparación por otra causa; o cualquier condición de otro tipo que esté fuera del control de Beurer. Esta garantía se anula si el producto se usa alguna vez en un ambiente comercial o empresarial. La máxima responsabilidad de Beurer según esta garantía se limita al precio de compra que el cliente haya pagado realmente por el producto cubierto por la garantía, según se confirme mediante prueba de compra, independientemente del monto de cualquier otro daño directo o indirecto que sufra el cliente.

Esta garantía es efectiva solamente si el producto se usa en el país en el que se compró. Un producto que requiera modificaciones o adaptaciones para que pueda funcionar en cualquier otro país que no sea el país para el cual fue diseñado, fabricado, aprobado o autorizado, así como la reparación de productos dañados debido a esas modificaciones, no está cubierto por esta garantía.

LA GARANTÍA AQUÍ PROPORCIONADA SERÁ LA GARANTÍA ÚNICA Y EXCLUSIVA. CUALESQUIERA GARANTÍAS, OBLIGACIONES O RESPONSABILIDADES IMPLICITAS, INCLUIDAS, PERO NO LIMITADAS A, LA GARANTÍA IMPLÍCITA DE COMERCIABILIDAD E IDONEIDAD PARA UN PROPOSITO EN PARTICULAR, ESTÁN LIMITADAS EN CUANTO A DURACIÓN A LA DURACIÓN DE ESTA GARANTÍA ESCRITA APLICABLE. Algunas jurisdicciones no permiten limitaciones acerca de la duración de una garantía implícita, de manera que las limitaciones anteriores podrían no ser aplicables para usted.

EN NINGÚN CASO BEURER SERÁ RESPONSABLE DE CUALESQUIERA DAÑOS ESPECIALES, INCIDENTALES, INDIRECTOS O CONSECUENTES POR INCUMPLIMIENTO DE ESTA O DE CUALQUIER OTRA GARANTÍA, EXPRESA, IMPLÍCITA O POR CUALQUIER OTRA TEORÍA DE LA RESPONSABILIDAD, DE CUALQUIER TIPO. Algunas jurisdicciones no permiten la exclusión o la limitación de los daños especiales, incidentales o consecuentes, de manera que la limitación anterior podría no serle aplicable. Beurer no autoriza a ninguna persona, incluyendo, entre otros, vendedores minoristas, el comprador consumidor posterior del producto de un vendedor minorista o comprador remoto, a responsabilizar a Beurer de cualquier forma más allá de los términos establecidos en la presente.

Esta garantía no se extiende a la compra de productos abiertos, usados, reparados, repackeados o resellados, incluyendo, entre otros, la venta de dichos productos en sitios de subasta de Internet o de productos de revendedores de excedentes o en volumen. Cualesquiera garantías cesarán y terminarán inmediatamente en relación con los productos o partes de los mismos que sean reparadas, reemplazadas, alteradas o modificadas sin el consentimiento explícito por escrito de parte de Beurer.

Esta garantía le da derechos legales específicos, y usted puede también tener otros derechos que pueden variar de una jurisdicción a otra. Para más información respecto de nuestra línea de productos en los Estados Unidos de América, visite: www.beurer.com

Distribuido por:

Beurer North America LP
1 Oakwood Boulevard, Suite 255
Hollywood, FL 33020, Estados Unidos
www.beurer.com

¿Preguntas o comentarios? Llame a nuestro servicio al cliente en Estados Unidos gratis al teléfono 1-800-536-0366

Ensamblado en China

Este documento puede contener errores y ser objeto de modificaciones.

Disposal

Observe the local regulations for material disposal. Dispose of the device in accordance with local regulations. If you have any questions, please contact the local authorities responsible for waste disposal.

7. Troubleshooting Guide

Problem	Possible cause	Solution
The device does not switch on when the ON/OFF button is pressed.	The battery may be depleted.	Charge the battery. If the device still does not work, contact Customer Service.
Gel pads do not adhere to the skin.	The gel pads may be dirty or worn. Skin in the treatment area may be rough or not clean enough.	Clean the surface of the gel pads with a damp, lint-free cloth. If adhesiveness does not improve, replace gel pads. Clean the skin before treatment. Do not use lotions or oils. Shave area if necessary.
Cannot feel stimulation in treatment area.	The gel pads may be dirty or worn. The battery may be depleted.	Clean pads as described above. Charge battery.
Unpleasant sensation felt underneath gel pads.	Pads are worn and cannot evenly distribute current.	Replace the gel pads.
Skin in the treatment area turns red.	Redness can be caused by increased blood flow in the treatment area caused by the device; this is normal.	Redness should go away a few minutes after treatment. If redness persists, or if you experience any itching or inflammation, contact your doctor.
The Menstrual Relief becomes too hot.	Treatment duration too long.	Press the ON/OFF button to shut off the heat function and continue with TENS treatment only.

8. Technical Specifications

Model	EM 50 Menstrual Relief
Type	FT610-B
Output waveform	Biphasic rectangular pulse
Pulse length	100 µs
Pulse frequency	100 Hz
Output voltage	Max. 110 V _{pp} +/- 10 % (at 1000 Ω)
Heat output	109 °F (43 °C)
Output current	Max. 110 mA _{pp} +/- 10 % (at 1000 Ω)
Voltage supply	320 mAh lithium polymer battery
Treatment time	20 minutes to auto shutoff
Intensity Levels	15
Operating conditions	41° - 104° F (5° - 40° C) at 15 - 90% relative humidity
Storage conditions	32° - 104 °F (0° - 40° C) at 0 - 90 % relative humidity
Dimensions	3.7 x 7.6 x 0.6 inches (95 x 193 x 15 mm)
Weight	1.6 oz (47 g)

9. FCC Compliance Information

Menstrual Relief EM 50

Responsible Party – U.S. Contact Information
Beurer North America LP
1 Oakwood Boulevard, Suite 255
Hollywood, FL 33020
United States
1-800-536-0366
info@beurer.com

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help. Warranty Your Beurer Menstrual Relief, model EM 50, is warranted to be free from defects in materials and workmanship for the life of the product under normal conditions of intended use and service. This warranty extends only to the original retail purchaser and does not extend to retailers or subsequent owners.

We will, at our option, repair or replace the Beurer Menstrual Relief, model EM 50, without additional charge, for any part or parts covered by these written warranties. No refunds will be given. Repair or replacement is our only responsibility and your only remedy under this written warranty. If replacement parts for defective materials are not available, Beurer reserves the right to make product substitutions in lieu of repair or replacement.

For warranty service contact our customer service department at 1-800-536-0366 or at info@beurer.com to provide a description of the problem. If the problem is deemed to be within the scope of the limited lifetime warranty, you will be asked to mail the product at your cost in its original package with proof of purchase, your name, address and phone number. If the problem is not deemed to be within the scope

of the limited lifetime warranty, you will provide a quotation for repair respectively replacement and return shipping fee.

This warranty does not cover damage caused by misuse or abuse; accident; the attachment of unauthorized accessory; alteration to the product; improper installation; misapplication; lack of reasonable care with respect to the product; unauthorized repairs or modifications; improper use of electrical/power supply; old worn batteries; normal wear; loss of power; dropped product; malfunction or damage of an operating part as a result of failure to comply with instructions for use or to provide manufacturer's recommended maintenance; transit damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; or any other conditions whatsoever that are beyond the control of Beurer. This warranty is void if the product is ever used in a commercial or business environment. The maximum liability of Beurer under this warranty is limited to the purchase price actually paid by the customer for the product covered by the warranty, as confirmed by proof of purchase, regardless of the amount of any other direct or indirect damage suffered by the customer.

This warranty is effective only if the product is purchased and operated in the country in which the product is purchased. A product that requires modifications or adaptation to enable it to operate in any other country than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under this warranty.

THE WARRANTY PROVIDED HEREIN SHALL BE THE SOLE AND EXCLUSIVE WARRANTY, ANY IMPLIED WARRANTIES, OBLIGATIONS, OR LIABILITIES, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTY OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, ARE LIMITED IN DURATION TO THE DURATION OF THIS APPLICABLE WRITTEN WARRANTY. Some states do not allow limitations on how long an implied warranty lasts, so the above limitations may not apply to you.

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Assembled in China

Annex 1 – Electromagnetic Compatibility

A1.1 Important information regarding Electro Magnetic Compatibility (EMC)

With the increased number of electronic devices such as computers and mobile (cellular) telephones, this device in use may be susceptible to electromagnetic interference from other devices, even if it complies with CISPR emission requirements. Electromagnetic interference may result in incorrect operation of this device and create a potentially unsafe situation. Besides, this device should also not interfere with other devices. In order to regulate the requirements for EMC (Electro Magnetic Compatibility) with the aim to prevent unsafe product situations, the IEC 60601-1-2 standard has been implemented. This standard defines the levels of immunity to electromagnetic interferences as well as maximum levels of electromagnetic emissions for medical devices. This device conforms to this IEC 60601-1-2 standard for both immunity and emissions. Nevertheless, special precautions need to be observed: The use of the device adjacent to or stacked with other device should be avoided because that could result in improper operation. In case such use is necessary, the device and other devices should be observed to verify that they dare operating normally?
• The use of any parts other than those specified or provided could result inincreased electromagnetic emissions or decreased electromagnetic immunity of this deviceand result in improper operation.
• Portable RF communications device (including peripherals such as antenna cables and external antenna) should be used no closer than 12 inches (30 cm) to any part of this device.Otherwise, degradation of the performance of the device could result.
• Refer to further guidance below regarding the EMC environment in which the device shouldbe used.

A1.2 Guidance and manufacturer's declaration – Electromagnetic emission

This device is intended for use in the electromagnetic environment specified below. The user of this device should make sure it is used in such an environment.

Test Standard	Test Item	Test Level	Electromagnetic environment – Guidance
EM 55011 / CISPR 11	Conducted Emissions of Powerline	Group 1	The device uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
EM 55011 / CISPR 11	Radiated Emissions	Class B	This device is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
EN/IEC 61000-3-2	Harmonic Current Emission	Not applicable (Note 1)	–
EN/IEC 61000-3-3	Voltage Fluctuations and Flicker	Not applicable (Note 1)	–
Note 1:	The power supply of this device is from battery (DC voltage), so Harmonic current emission, Voltage fluctuations & flicker, EFT, Surge, CS and DIP tests are not applicable for this device.		
Note 2:	Standards applicable to other modes or EM ENVIRONMENTS of transportation for which use is intended shall apply.		

A1.3 Guidance and manufacturer's declaration – Electromagnetic immunity
This device is intended for use in the electromagnetic environment specified below. The user of this device should make sure it is used in such an environment.

Test Standard	Test Item	Test Level	Electromagnetic environment – Guidance
IEC 61000-4-2	Electrostatic discharge	Contact: ± 8 kV, Air±2 kV, ±4 kV, and ±5 kV	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%. Portable and mobile RF communications equipment should be used no closer than 30 cm (12 inch) to any part of this device.
IEC 61000-4-3	Radiated RF EM fields	10 V/m; 80 MHz to 2.7 GHz; 80% AM at 1 kHz	Portable and mobile RF communications equipment should be used no closer than 30 cm (12 inch) to any part of this device.
IEC 61000-4-3	Proximity fields from RF wireless communications equipment	Not applicable (Note 1)	–
IEC 61000-4-4	Electrical test transients / bursts	Not applicable (Note 1)	–
IEC 61000-4-5	Surges line-to-line	Not applicable (Note 1)	–
IEC 61000-4-6	Conducted disturbances induced by RF fields	Not applicable (Note 1)	–
IEC 61000-4-8	Rated power frequency magnetic fields	30 A/m 50 Hz and 60 Hz	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
IEC 61000-			